



# Montana Map

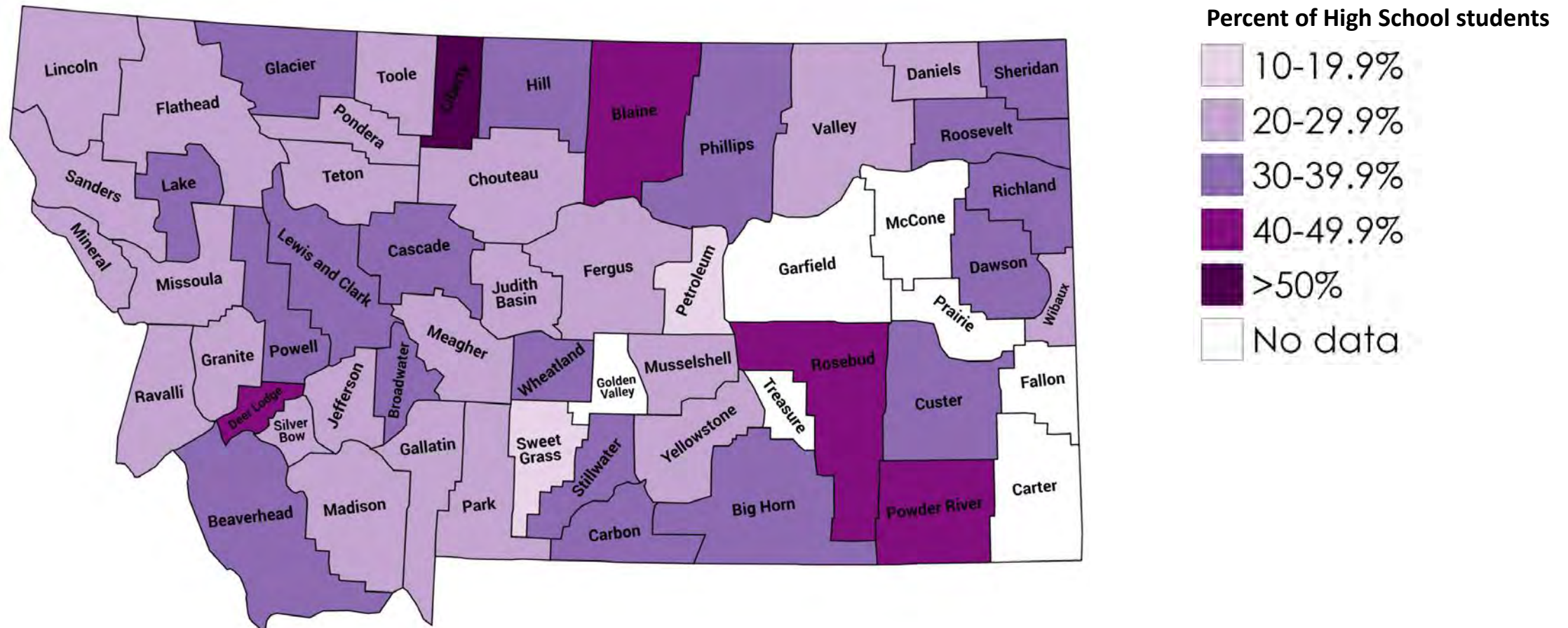
Nutrition and Dietary Behaviors

2019 Montana Youth Risk Behavior Survey

Montana Office of Public Instruction

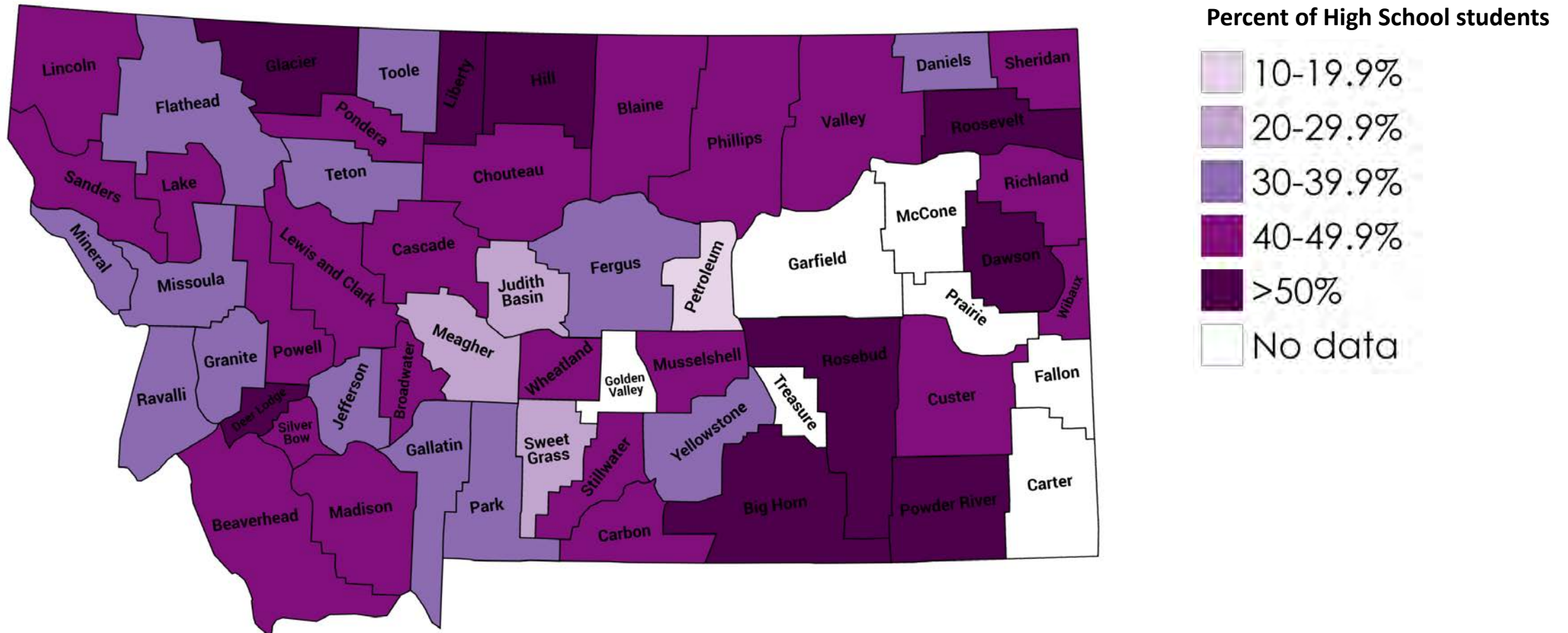
# Described themselves as slightly or very overweight

2019 Montana YRBS



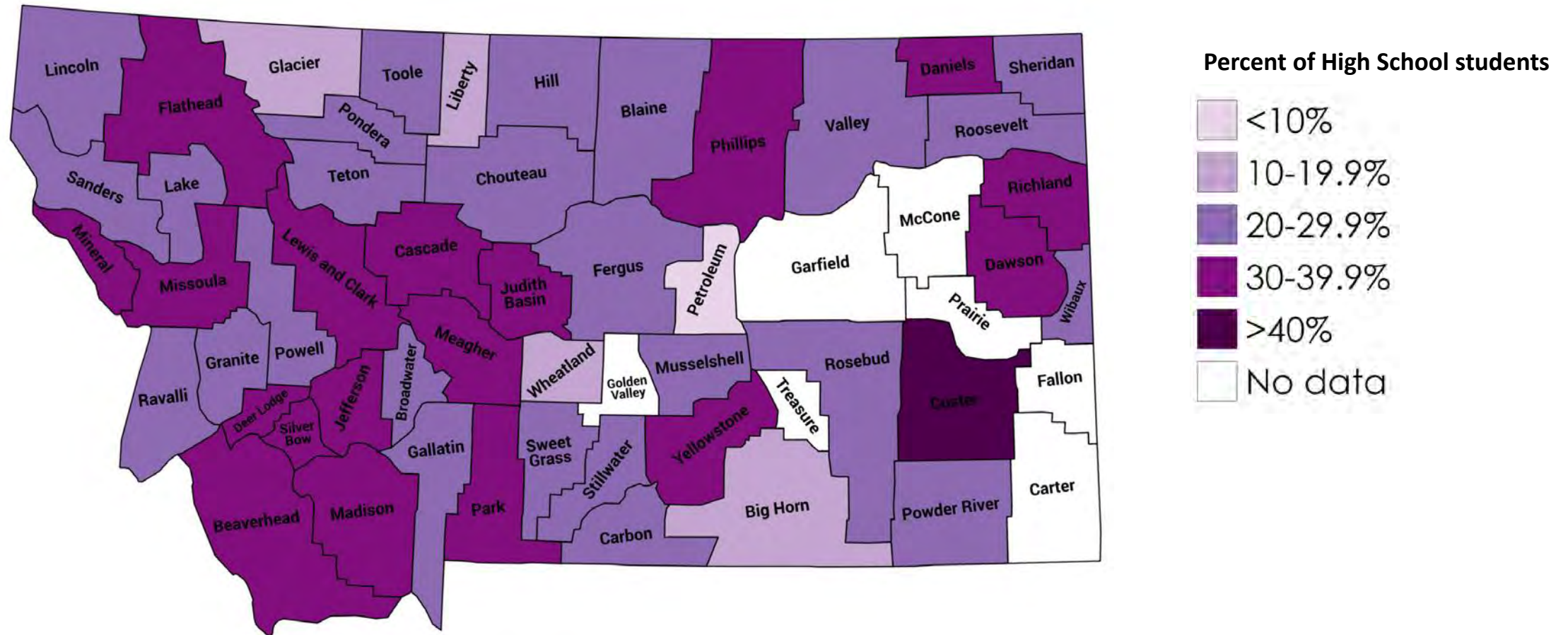
# Were trying to lose weight

2019 Montana YRBS



# Did not drink 100% fruit juice on any of the past 7 days

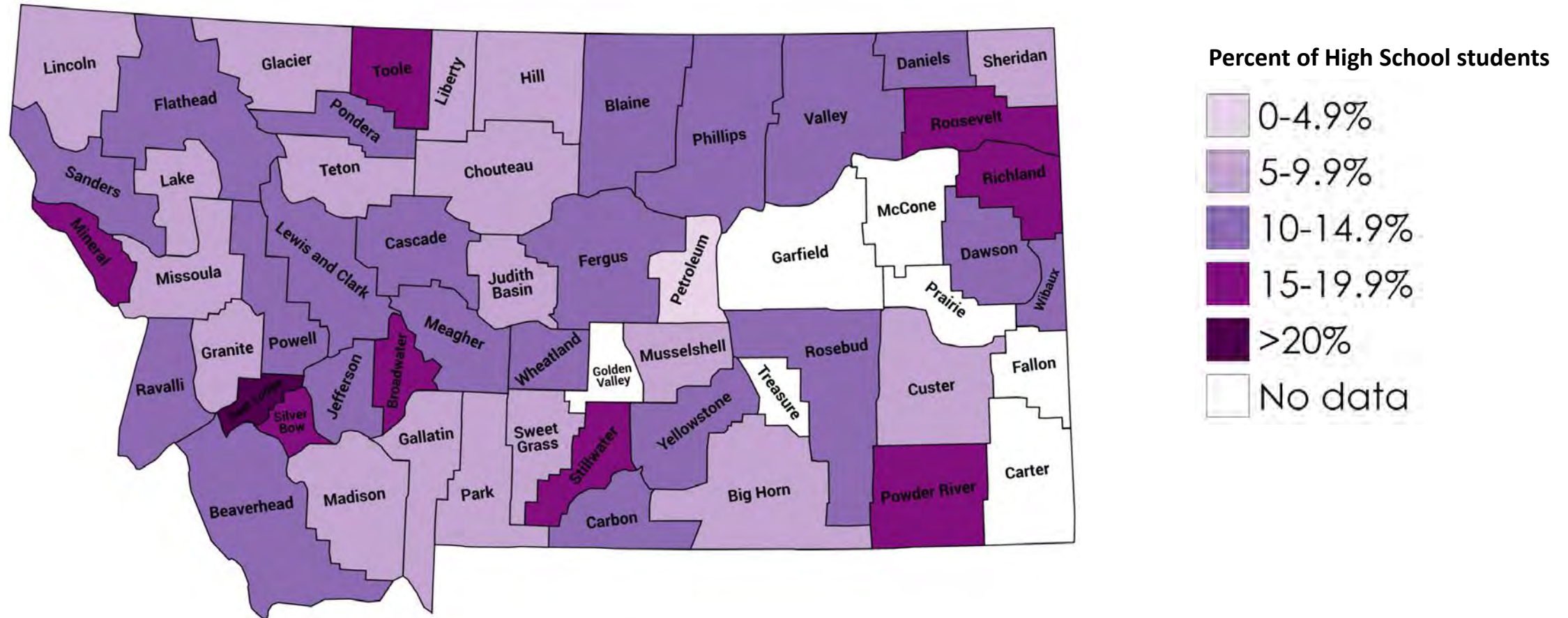
2019 Montana YRBS





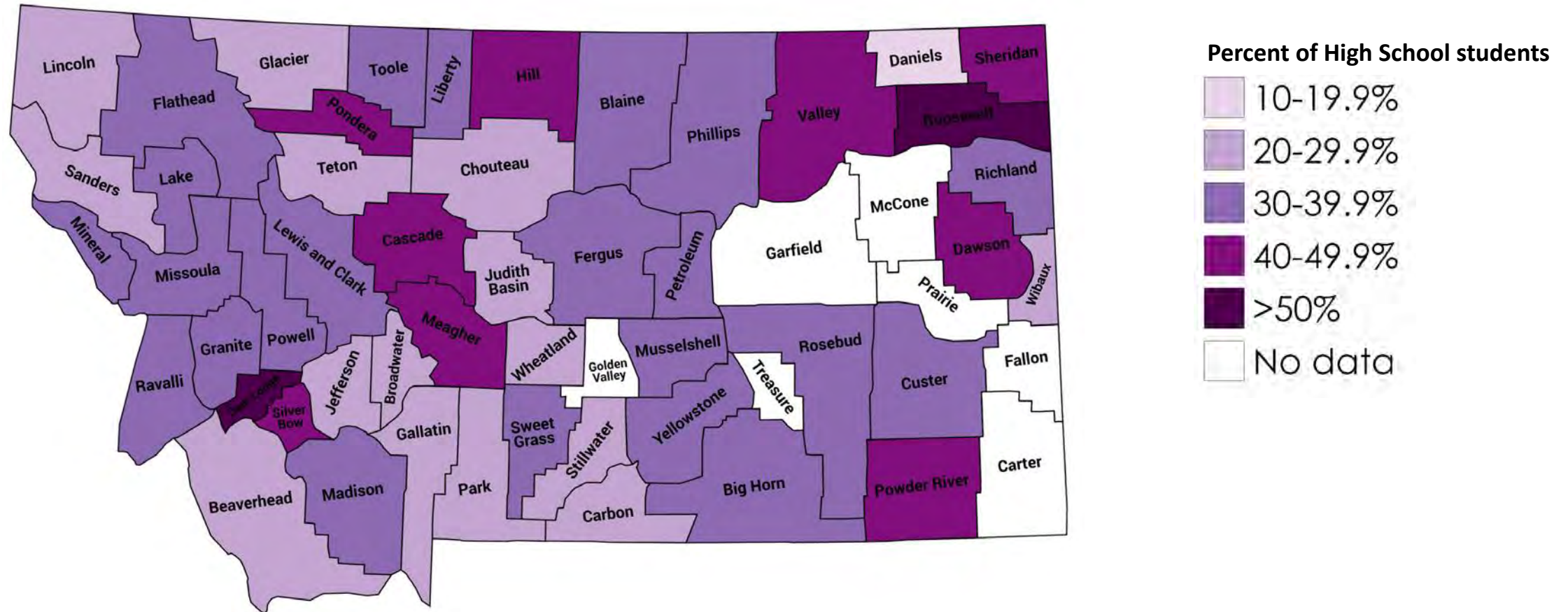
# Did not eat fruit on any of the past 7 days

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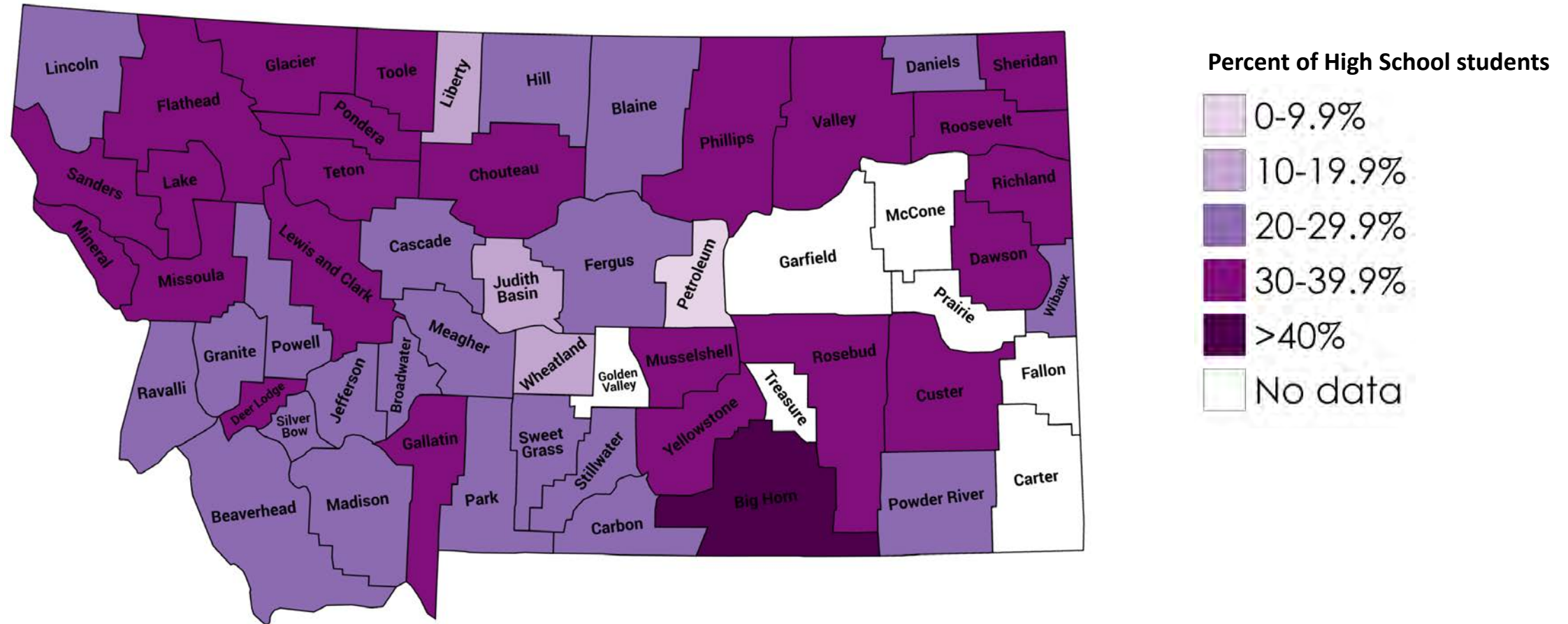
# Did not eat a green salad on any of the past 7 days

2019 Montana YRBS



# Did not eat potatoes on any of the past 7 days

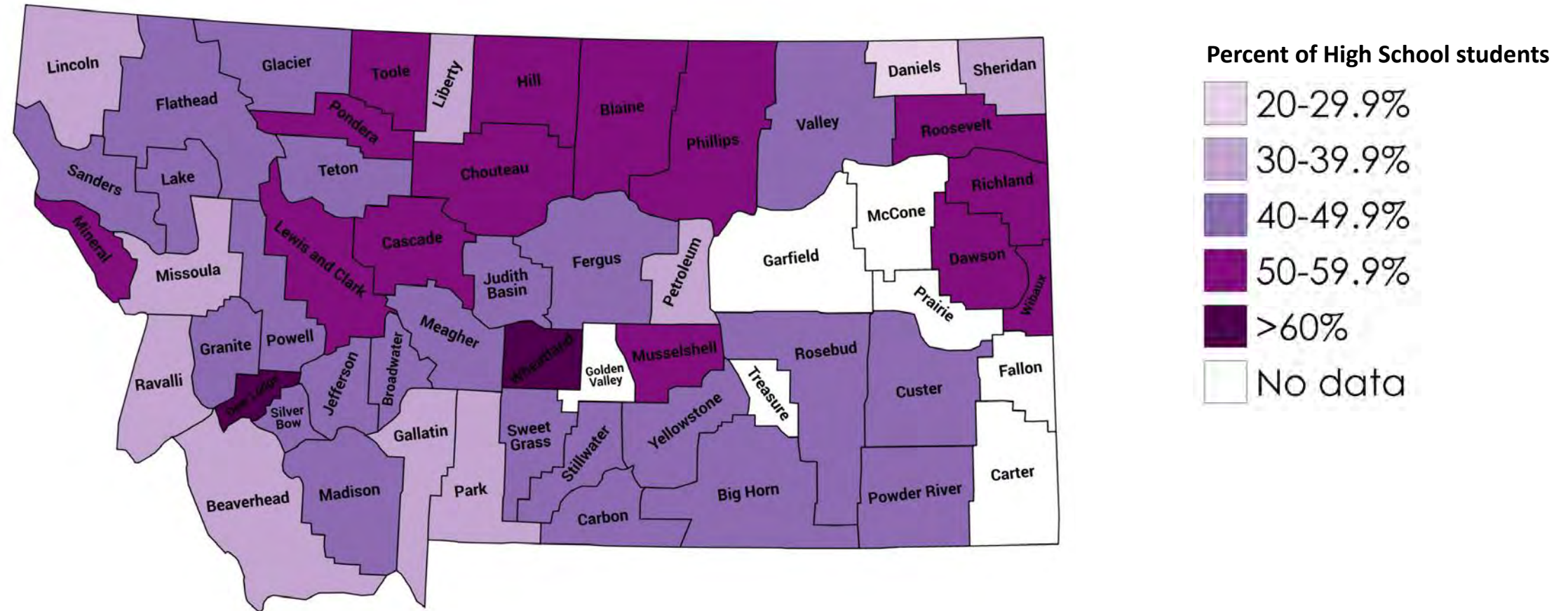
2019 Montana YRBS





# Did not eat carrots on any of the past 7 days

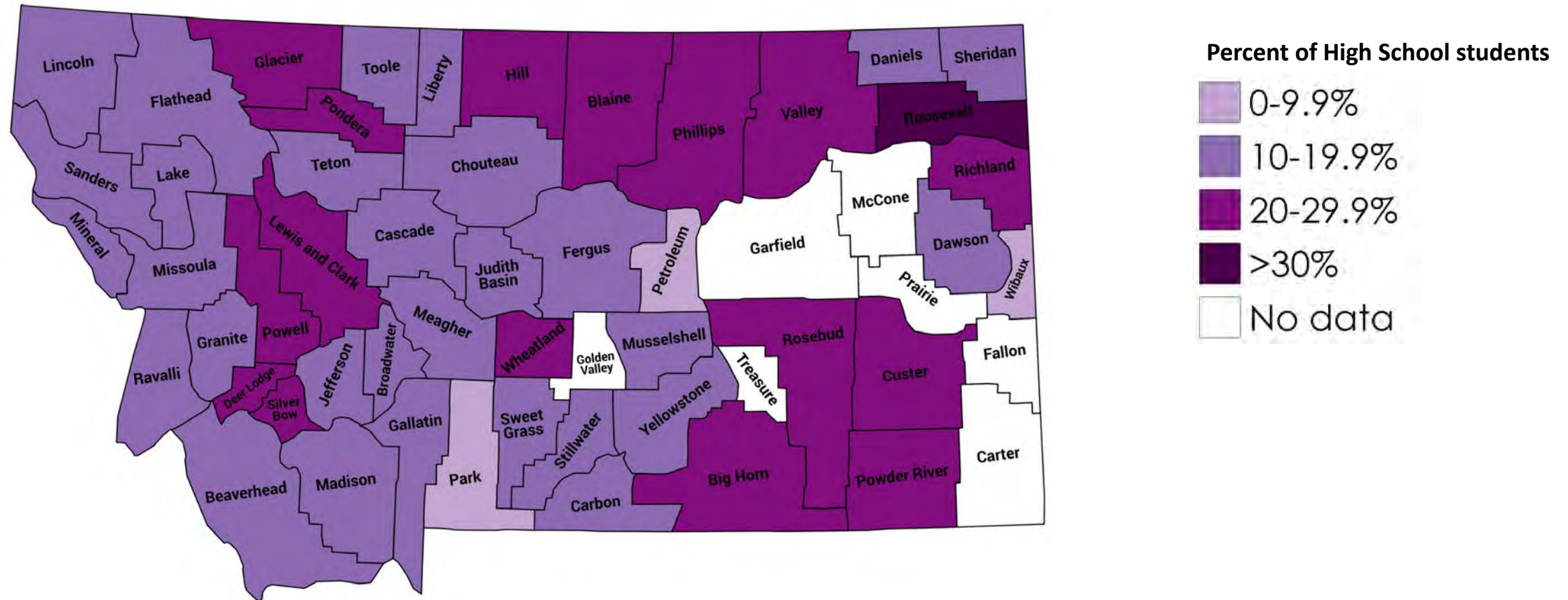
2019 Montana YRBS





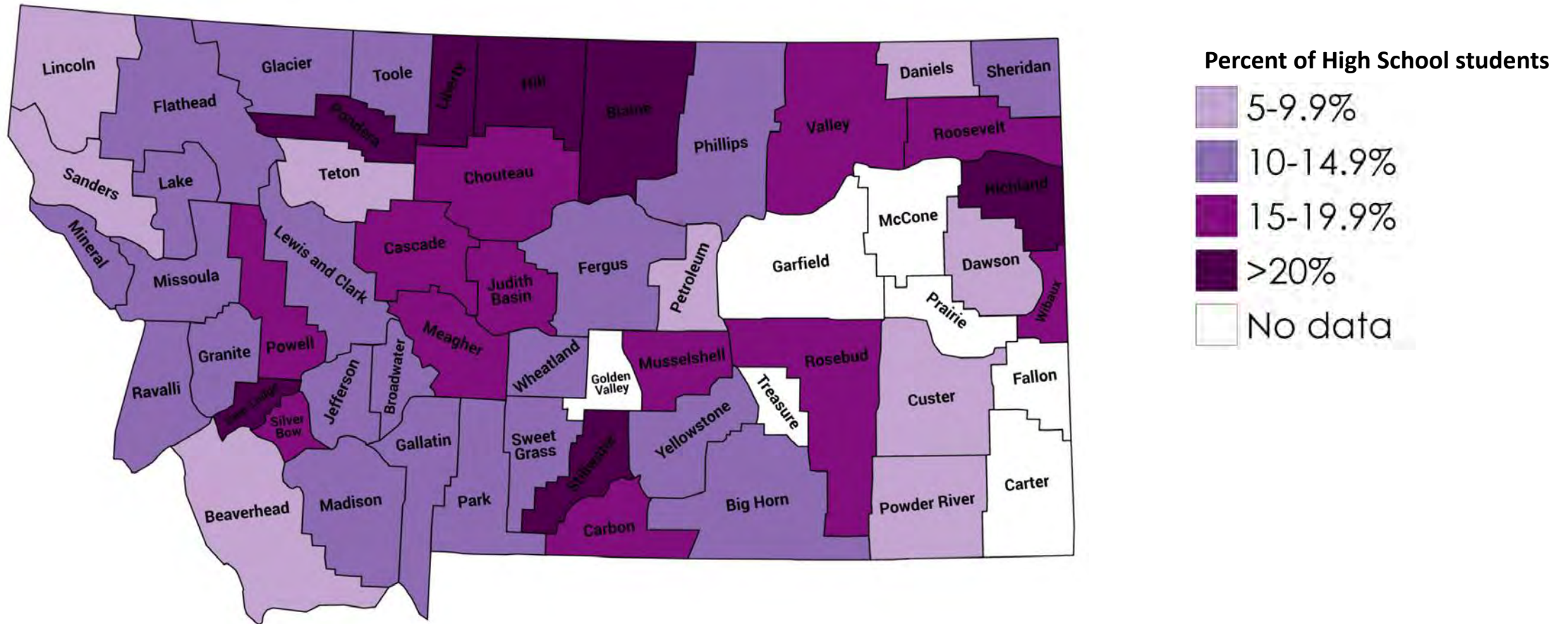
# Did not eat other vegetables on any of the past 7 days (not counting green salad, potatoes, or carrots)

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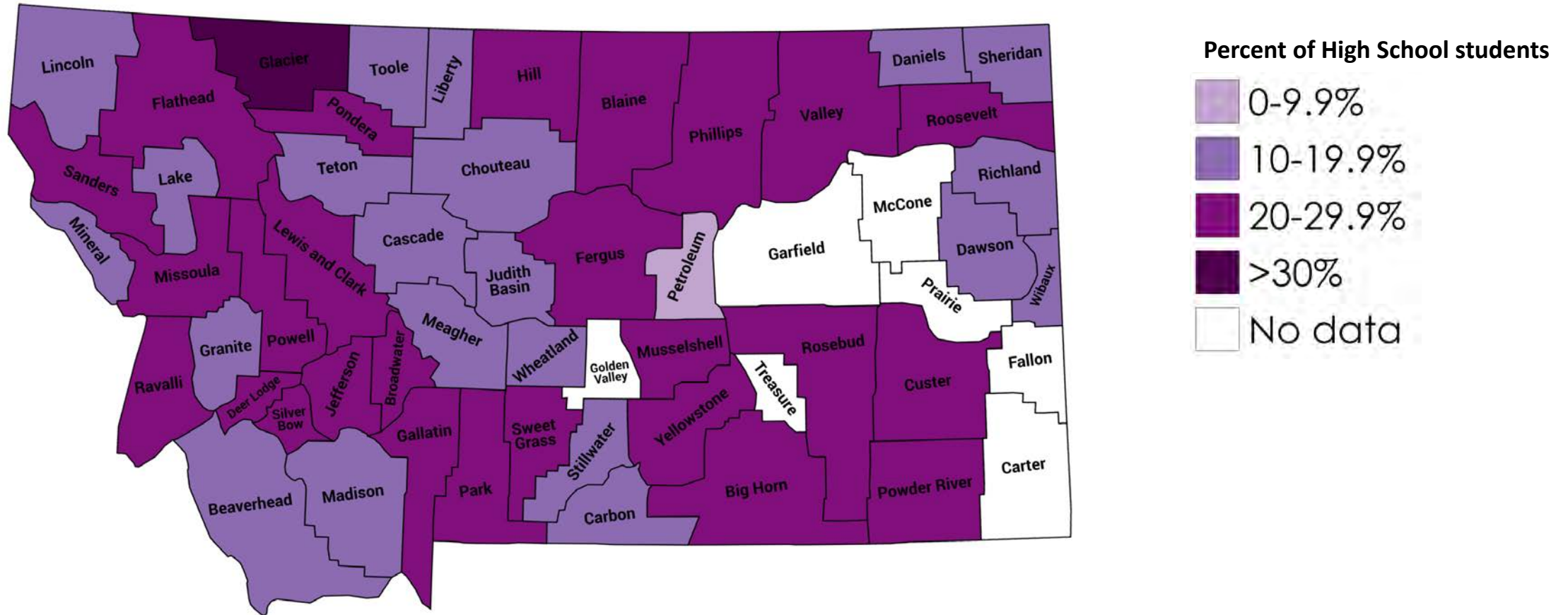
# Drank a can, bottle, or glass of soda or pop daily during the past 7 days

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# Did not drink milk on any of the past 7 days

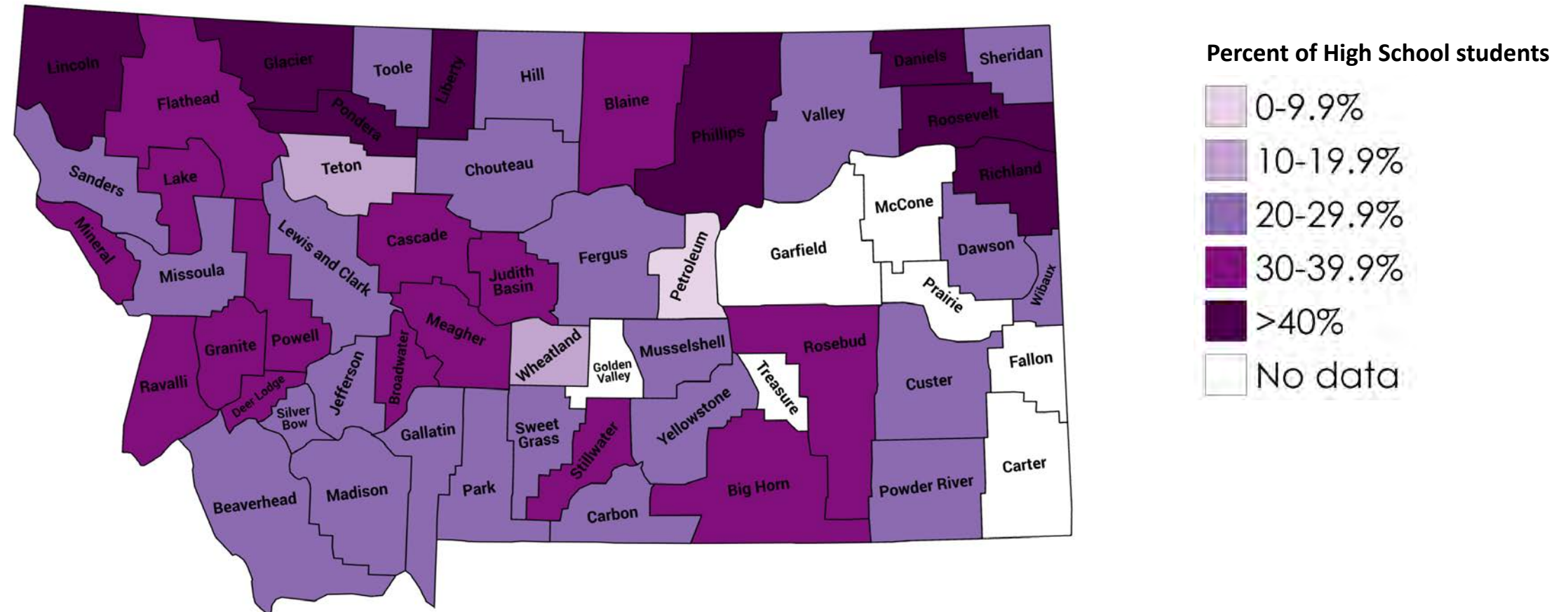
2019 Montana YRBS





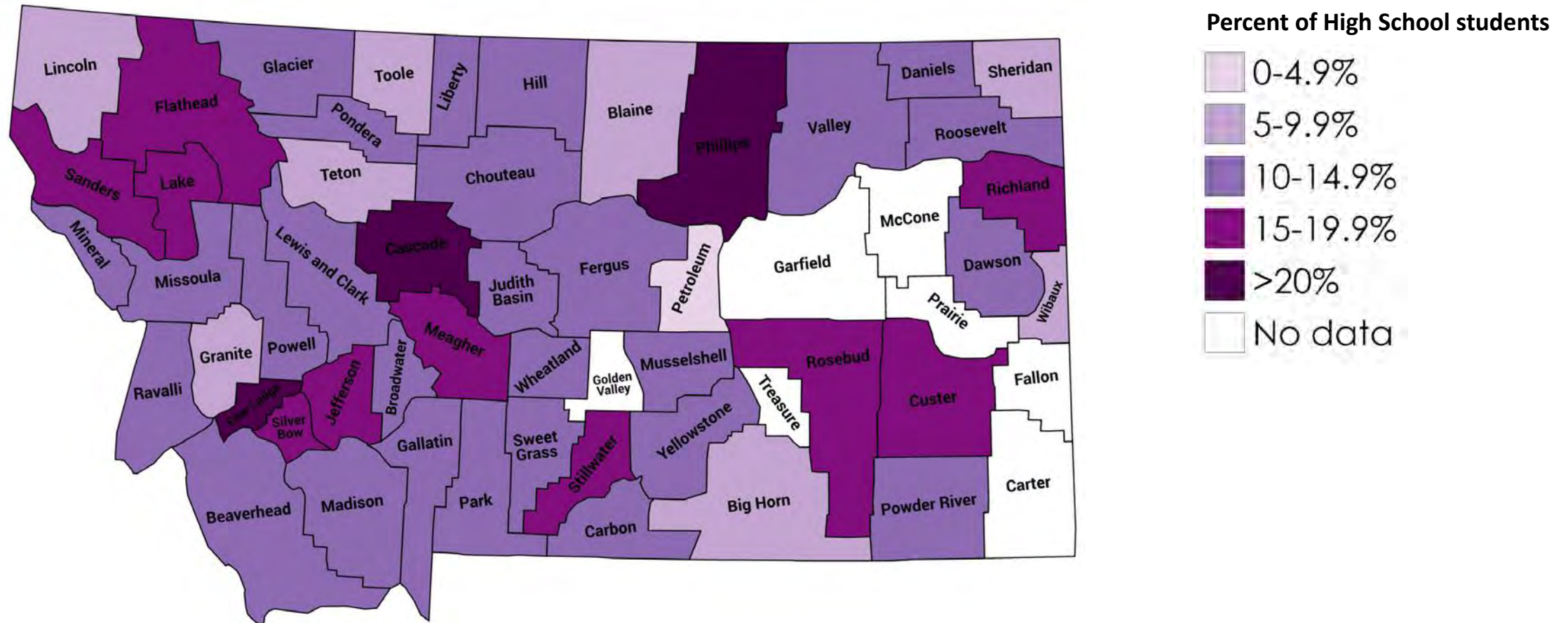
# Drank an energy drink (such as Red Bull or Jolt) during the past 7 days

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# Did not eat breakfast on any of the past 7 days

2019 Montana YRBS



# Ate breakfast on each of the past 7 days

2019 Montana YRBS

